Topic: Financial and Health Management Aspects In Aging.

Medicaid, its public alternatives, and knowledge of health care surrogates are increasingly important as Virginians age longer and poorer.

The speaker will focus on three topics:

- (a) intergenerational planning for Medicaid, with an emphasis on options for married couples and families with special needs children (and grandchildren);
- (b) what to look for and avoid in trusts, including the new qualified self-settled spendthrift trust authorized by Chapter 7 of Title 64.2 of the Virginia Code, and creditor exemptions offered by various statutes; and
- (c) how to limit guardianship and civil commitment proceedings in the demented elderly.

Timed Outline:

Paying For Us – and Our Folks: Medicaid, Veterans Aid and Attendance Basics and Filial Responsibility Mhat Medicaid is and is not. General Medicaid limits. Mhat Veterans Administration Aid and Attendance is and is not. The Next Course, Sandwich Children: The Filial Crocodile, Va. Code § 20-88.	30 minutes
Community Spouse Planning	10 minutes
 Annuities. 	
 Timed mortgages. 	
 <u>Reverse mortgages</u>. 	
 Trusts, Traps and Tricks Party Animals: 1st party vs. 3rd party, my money or your money. Veteran's A & A trusts, an endangered species The Virginia Qualified Self-Settled Spendthrift Trust Sorry Charlie: I'm Not Paying You. 	10 minutes
Protest Advance Medical Directives	10 minutes
To Avoid <u>Guardianship</u> and <u>Civil</u> <u>Commitment</u>	